

DIRECTIONS

***HILTON Stamford Hotel
One First Stamford Place
Stamford, CT 06902***



*****Hotel Reservations*****

Please Make Directly Through The Hotel

Call 203-967-2222

**specify you are with the Constitution State Challenge
and you nightly room rate will be \$99.00- Plus Tax - (Parking included)**

Northern Connecticut on New England Thruway

Follow I-95 South to Stamford Exit 6 (West Avenue). At the end of the ramp, turn left at the light. Go under the I-95 overpass. Go to the next light and turn left onto the next exit which is Exit 7 (Greenwich Ave). At end of ramp turn right, then make a sharp right onto First Stamford Place. Hotel is at the end of road.

Northern or Southern Connecticut on the Merritt Parkway

Follow Merritt Parkway to Exit 34 (Long Ridge Road, Rte. 104). At the end of the exit ramp take Rte. 104 South for 2.5 miles. At a very large merging intersection turn right onto Rte. 137 (Cold Spring Rd). Bear left onto Washington Blvd. Continue on Rte. 137 straight to Tresser Blvd. (Rte. 1). Then take second left onto Greenwich Ave. Go straight, under I-95 overpass. Turn right at second set of lights onto First Stamford Place. Hotel is at the end of road.

Manhattan By Train (approx. 50 minutes)

From Grand central Station, take Conrail-New Haven Line to Stamford Train Station.

Best Choice To Hotel

Westchester Airport:	Approximately 30 minutes
LaGuardia Airport:	Approximately 55 minutes
Stamford Train Station:	Call Hotel for FREE Shuttle -- Approx. 1 block.

Manhattan, Southern Connecticut & Westchester (approx. 50 minutes)

Follow New England Thruway (I-95) North to Exit 7 (Greenwich Ave). At end of ramp turn right, then make a sharp right onto First Stamford Place. Hotel is at the end of road.

J.F.K. Airport (approx. 1 hour)

Follow Van Wyck Expressway (Rte. 678 North) onto Whitestone Expressway. Continue over the Whitestone Bridge onto the Hutchinson River Parkway, leading to New England Thruway (I-95). Follow I-95 North to Exit 7 (Greenwich Ave). At end of ramp turn right, then make a sharp right onto First Stamford Place. Hotel is at the end of road.

LaGuardia Airport (approx. 55 minutes)

Follow Grand Central Parkway East to Whitestone Expressway (Rte 678). Continue over the Whitestone Bridge onto the Hutchinson River Parkway, leading to New England Thruway (I-95). Follow I-95 North to Exit 7 (Greenwich Ave). At end of ramp turn right, then make a sharp right onto First Stamford Place. Hotel is at the end of road.

Westchester Airport (approx. 30 minutes)

Follow Rte 684 South to Cross Westchester Expressway East (Rte 287) to New England Thruway (I-95) North to Exit 7 (Greenwich Ave). At end of ramp turn right, then make a sharp right onto First Stamford Place. Hotel is at the end of road.